

## The Advent Wreath

The Advent wreath and candles are a deeply symbolic part of the journey to Christmas in many homes and churches. The lighting of an Advent wreath appeared as a Christian ritual somewhere in the fourth or fifth centuries. One story posits that a Lutheran minister in Germany created a wreath out of a cartwheel to help children count down the days until Christmas. He used 20 red candles for weekdays and four white candles for Sundays.

Whatever its origin, the Advent wreath:

- is made of evergreen branches, symbolising life,
- is circular, capturing the unending love of God.
- has holly leaves, suggestive of Jesus' crown of thorns,
- includes red berries pointing to Jesus' death on the cross.

*As we pray during Advent, let us hold the consolations of God close to the exiled places of our hearts. God offers us light, consolation and comfort for our homelessness. Advent is a time of homecoming, a time of joy and enthusiasm, as we hear again God's promises to be with us and to resettle us in love (Rupp, 2007, 189).*

***Come back to me  
with all your heart***

(Hosea 14 1-2).



Susan Daily IBVM OAM Digital Artist  
EMAIL: [susan.daily@loreto.org.au](mailto:susan.daily@loreto.org.au)  
WEB: [susandailyart.org.au](http://susandailyart.org.au)  
INSTAGRAM: [susan\\_daily\\_art](https://www.instagram.com/susan_daily_art)

*God of new beginnings,  
As we approach this Advent season, empower us to journey  
with hope, peace, joy, and love toward the celebration of the birth of Jesus.  
May the candles we light throughout this season reflect our inner search  
for connection and encounter and our outer call  
to be bearers of your love to our world.  
Amen.*