

FACILITATOR'S GUIDES

TO BEGIN EACH PRAYER
SESSION INVITE PARTICIPANTS
TO READ THE MATERIAL
CONTAINED IN EACH
SECTION.

The facilitator could say:
*Before we begin, let's take
a few minutes to read the
commentary on the Synod
on Synodality, reflecting on
how we can embody a more
synodal approach in our
ministry. This material will
guide our reflections as we
enter into each process or
method.*

This invitation encourages
participants to focus on the
material's relevance to their
discussion.



CONVERSATIONS IN THE SPIRIT

Opening Prayer

Let us begin with prayer:

Step 1: Invitation to Reflect

(2 minutes)

*Please take a moment to
reflect on the question we've
been given. Think about
it in light of the material
we've read and your own
experience. Let's take two
minutes of quiet reflection.*

Step 2 : Individual Sharing (1 minute each)

*Now, we will each have
one minute to share our
responses. Please listen
closely and attentively
to each person, without
commenting or asking
questions. We are here to
listen and understand each
other's perspectives.
I invite [name of first
participant] to begin,
sharing for one minute.*

After each participant
has spoken, the facilitator
pauses for one minute of
silence before inviting the
next person:

*Let's take a moment in
silence to reflect on what
we just heard, allowing
the Spirit to deepen our
understanding.*

Pause for one minute.
Invite the next participant
to speak, and repeat until
all have shared.

Step 3: Group Reflection and Discussion

*Now that everyone has
shared, let's consider
together what we've heard.
Here are some questions to
guide our discussion:*

- *What did I hear in the group?*
- *What particularly resonated with me?*

- *Was there a common thread or direction in what was shared?*
- *What new insights have I gained from this conversation?*

Step 4: Open Discussion

*Let's take some time now
to discuss any insights
or reflections that have
emerged. Please feel free
to speak openly, sharing
any connections or new
perspectives that came to
mind as we listened to each
other.*

Closing Prayer

After the discussion
concludes, the facilitator
invites the group to close
with the prayer provided.