

The Living Presence of God

God is available all the time to everyone and everything. God is reality, the breath, the life, the light, the love beneath, above, around and in everything. Ever present.

We become conscious of God's presence when, in the midst of life, we still our mind, open our heart and pay deep attention to the reality of the present moment. In joy and sadness, in emptiness and fear, in boundless love and awesome beauty, in all the moments of life, there is God. Ever faithful. Ever present.

"...Jesus bent down and started to write on the ground..." No words at first. Simply there. There at the feet of the one being accused and abused. The woman caught in adultery.

No words of accusation from Jesus. Listening. Present. And the crowd departed. *

We grow through encounter and rejection, faith and doubt. Listening, being open, paying attention to the other. Generous, compassionate, forgiving and kind. Companion to the vulnerable and the lonely.

*Based on the story of The Woman Caught in Adultery John 7:53 – 8:11.

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"...go and do likewise..." Be with the one who is alone, ignored, spurned, abandoned. A kind word. A drink of water. Food for the journey. No big song and dance. Noticing. Empathising. Soothing. Present. **

Because something must be done when we come face to face with God. Gently. Humbly. Selflessly.

And so, we sit with the sick. We companion the one who is dying. We listen to the other. We draw attention to unfairness and injustice. We invite and we welcome. We encourage and we extend gratitude. We pray. We hand over our awareness to God in every moment.

We become the hands and feet of Christ in the world, the living presence of God.

**Based on The Parable of the Good Samaritan Luke 10:25-37.

