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Remembrance

Remembrance takes us to the past, anchors us in the present and propels us to hope and transformation. It reminds us of what is really important in life. Living well. Immersing in life.

There is no life without remembrance.

The table of the eucharist is a table of remembrance. We remember Christ's death, resurrection and ascension.

"As we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the bread of life and the chalice of salvation, giving thanks..."

There is pain in remembering. And there is hope in remembering.

"Remember our sisters and brothers who have fallen asleep in the hope of the resurrection and all who have died in your mercy; welcome them into the light of your face."

Remembrance lifts us beyond the mundane to look again at who we are, at what we are called to be. It prompts us to be reflective about what we do and why we do it. It is essential for healing, transformation and finding collective hope.

As we eat of the bread and drink from the cup, we do so in memory of Jesus at the last supper. We do so giving thanks. We do so with the realisation that we are fundamentally remembered and held by God.

Do this in memory of me

