MERCY PARTNERS

Mercy Moments

November 2026

ADVENT



"I wait for the Lord, my soul waits, and in God's word I hope."

Psalm 130:5

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Our liturgical year begins not with gusto and fanfare. But with gentleness, contemplation and quiet anticipation of new life.

What are we to do with this space gifted to us?

We can fill it up with busyness, freneticism, mindless and exhausting grasping for the perfect decoration, the best ever pud, the ideal Santa photo. We might even catch ourselves thinking that this is what a full life looks like. No time wasted. Our control, our orchestrations dictating experience. Look at us go!

Doing, doing, doing.

Yet in so doing, we can fail to notice and appreciate the gentle, sacred manifestations of God that are all around us. That are deep within each of us. If only we would give them space to emerge.

Small practices of silent centring, intentional moments of mindful silence, one gaze at the nighttime sky, attention to the infinite beauty of one leaf, one face. Small practices creating space to simply be. Space with God.

Then, maybe then, the hope, peace, joy and love of Advent might become a more profound reality in our lives. Leaving space for the emergence of new life and love, and spirit.

No gusto. No fanfare.

A gentle coming to appreciate life in its fullness.

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